

Protect yourself and easily manage your prescription benefit with online tools and mobile apps, at no cost to you

Online safety net

Protect yourself 24/7 with safety alerts. Register at *Express-Scripts.com*

- Your prescription benefit includes an online safety feature that could help you avoid certain health risks related to your medications. It's no cost to you, whether you get your medications at a retail pharmacy or from your mail-order pharmacy.
- After your one-time registration, you'll automatically receive an e-mail whenever you have a personalized alert waiting for you at **Express-Scripts.com**. These personalized alerts can notify you if:
 - ▶ You're running low on a medication
 - ▶ You miss a prescription refill
 - ▶ You may be missing a medication that could benefit your health and you need to discuss it with your doctor



Mobile applications

The Express Scripts mobile app: your on-the-go app for prescription refills and renewals, safety alerts, reminders, and potential savings!

- The **Express Scripts** app helps you stay on track with taking your medications as prescribed. It's available to anyone with an **iPhone®**, **BlackBerry®** or **Android™** smartphone. Go to your smartphone's app store, search for "**Express Scripts**" and download it for **free** today!
- After downloading the app, log in with your online **Express-Scripts.com** user ID and password to open:
 - ▶ **Refills and renewals**
 - Quickly and easily manage your **Medco Pharmacy** prescriptions—refill and renew them right from your phone.
 - ▶ **Order Status**
 - Track your mail-order prescription orders right from your phone.
 - ▶ **My Rx Choices®**
 - Look up potential lower-cost prescription options available under your plan and discuss them with your doctor—even while you're still in the doctor's office!
 - ▶ **Pharmacy Care Alerts**
 - Review your personalized alerts to help ensure you are following your treatment plan as prescribed by your doctor.
 - ▶ **Medicine Cabinet**
 - View your medications and set reminders to take them or to notify you when you're running low.
 - Get personalized alerts if there's a possible health risk related to your medications. You can also add over-the-counter medications, vitamins, and supplements to check for possible interactions with your prescriptions!
 - ▶ **Prescription ID Card**
 - Don't have your prescription ID card in your wallet? No problem. Use your phone to display a virtual card that you can show at the pharmacy.

